| Day/Time | MondaySeptember 21 | TuesdaySeptember 22 | WednesdaySeptember 23 | ThursdaySeptember 24 | FridaySeptember 25 | SaturdaySeptember 26 |
| --- | --- | --- | --- | --- | --- | --- |
| **6:45-8:00** |  | **Morning Showers****(RSS/Rec Centre)** | **Morning Showers****(RSS/Rec Centre)** | **Morning Showers****(RSS/Rec Centre)** | **Morning Showers****(RSS/Rec Centre)** | **Morning Showers****(RSS/Rec Centre)** |
| **8:00-8:30** | **Breakfast (Rec Centre)** | **Breakfast (Rec Centre)** | **Breakfast (Rec Centre)** | **Breakfast (Rec Centre)** | **Breakfast (Rec Centre)** |
| **8:45-10:30** | Day Sessions | Day Sessions | Day Sessions | Day Sessions | **Departures** |
| **10:30-10:45** | **Nutrition Break (Rec C)** | **Nutrition Break (Rec C)** | **Nutrition Break (Rec C)** | **Nutrition Break (Rec C)** |  |
| **10:45-12:00** | Day Sessions | Day Sessions | Day Sessions | Day Sessions |
| **12:15-1:00** | **Lunch (Rec Centre)** | **Lunch (Rec Centre)** | **Lunch (Rec Centre)** | **Lunch (Rec Centre)** |
| **1:15-4:15** | **Arrivals at RSS****Meet and Greet****Dorm check-in** | Day Sessions | Day Sessions | Day Sessions | **REM Finale****1:30-4:00****(Dänojà Zho Centre)** |
| **4:15-5:00** | **Opening****(Dänojà Zho Centre)** | **Free Time** | **Free Time** | **Free Time** | **Free Time** |
| **5:00-6:00** | **Traditional Feast****(TH Community Hall)** | **Dinner (Rec Centre)** | **Dinner (Rec Centre)** | **Dinner (Rec Centre)** | **Dinner (Rec Centre)** |
| **6:00-6:30** | **Free Time** | **Free Time** | **Free Time** | **Free Time** | **Free Time** |
| **6:30-9:00** | **REM Orientation****(Dänojà Zho Centre and TH Community Hall)** | Evening Activities | Evening Activities | Evening Activities | **Dance****7:00-10:00** **(KIAC)** |
| **9:00-9:30** | **Evening Snack (Rec C)** | **Evening Snack (Rec C)** | **Evening Snack (Rec C)** | **Evening Snack (Rec C)** |
| **9:30-10:30** | **Evening Showers****(RSS/Rec Centre)****Sleep Preparations** | **Evening Showers****(RSS/Rec Centre)****Sleep Preparations** | **Evening Showers****(RSS/Rec Centre)****Sleep Preparations** | **Evening Showers****(RSS/Rec Centre)****Sleep Preparations** | **Evening Showers****(RSS/Rec Centre)****Sleep Preparations** |
| **10:30** | **Lights Out** | **Lights Out** | **Lights Out** | **Lights Out** | **Lights Out** |